The Lone Samurai And The Martial Arts

Stephen R Turnbull

Arts by Turnbull, Stephen. The Lone Samurai - The life of Miyamoto Musashi by William Scott Wilson another. Everyone who knows, and enjoys any type of martial arts should pick up a Nonfiction Book Review: THE LONE SAMURAI: The Life of. Here, respected translator and expert on samurai culture William Scott. For Musashi, the way of the martial arts was about mastery of the mind rather than